

# Agenda from NENA 2025 – Saskatoon, SK

**MAY 30–JUNE 1, 2025**

<b>Friday, May 30<sup>th</sup></b>	
⌚ + escape room start time	
0600-0700	walking/run route Wellness Activity
0700-0830	convention foyer Registration & Breakfast
0815-0830	adam ballroom Welcome from the Committee
0830-0900	adam ballroom Ceremony Opening Indigenous Elder, Lyndon Linklater
0900-0915	adam ballroom + Welcome & Introductions NENA President, Chris Picard
0930-1030	adam ballroom CTAS Updates CTAS Committee
1030-1100 + 1045	Break & Refreshments
1100-1200	various Concurrent Sessions See pgs. 3 - 5
1200-1300	adam ballroom Lunch
1300-1400	adam ballroom + The Story of You - According to Me! Dr. Marlene Smadu
1400-1500 + 1445	various Concurrent Sessions See pgs. 3 - 5
1500-1530	Break & Refreshments
1530-1630	various Concurrent Sessions See pgs. 3 - 5

friday night  
social event:

**PUB CRAWL**

DRINK SPECIALS &  
PRIZES FOR  
PARTICIPATING!

# Saturday, May 31st



escape room start time

## The Cost of Caring:

Building Resilience & Supporting Nurses in High-Stress Environments

Nurses are the backbone of the healthcare system, frequently exposed to high levels of stress, emotional labour & vicarious trauma. Their loyalty and commitment are fierce. The challenges they often face can result in compassion fatigue, vicarious trauma, burnout & moral injury - often referred to as "The Cost of Caring". The demands of nursing, particularly in the emergency care, necessitate a focus on strategies that promote resilience and mental well-being. This workshop will address the toll of caring and provide actionable tools to help nurses thrive despite the challenges of their profession.

## How to Improve Emergency Nursing Care to

Improve Patient Safety, Clinical Handover & Patient Experience.

The largest ever trial of emergency nursing.

Unwarranted variation in emergency care leads to adverse patient outcomes. The HIRALD emergency nursing framework (History, Infection Risk, Red Flags, Assessment, Interventions, Diagnostics, Reassessment & Communication) was developed to address safety gaps & inconsistencies in emergency nursing practice by standardizing the nursing process.

## saturday night social event:

**GALA**  
@ THE REMAI  
MODERN GALLERY  
FEATURING A  
COMEDIAN & LIVE  
MUSIC  
& ITS DRESS TO  
IMPRESS NIGHT!

0600-0700 walking/run route  
Wellness Activity

0730-0815 adam ballroom  
Breakfast

0815-0830 adam ballroom  
ENA President Speech

0830-0900 adam ballroom  
EmpowerED to Care: Safe Patient Handling & Nurse Protection in the ED  
Zac Allen, Stryker

0900-1000 adam ballroom  
+ The Cost of Caring  
Colleen Kamps, Psychotherapist

1000-1100 adam ballroom  
How to Improve Emergency Nursing Care  
+ 1045 Prof. Katie Curtis  
Prof. Julie Considine

1100-1130 adam ballroom  
Break & Refreshments

1130-1230 various  
Concurrent Sessions  
See pgs. 7 & 8

1230-1330 adam ballroom  
+ 1300 Lunch

1330-1430 adam ballroom  
NENA AGM

1430-1530 various  
+ 1445 Concurrent Sessions  
See pgs. 7 & 8

1500-1530 adam ballroom  
Break & Refreshments

1530-1630 various  
Concurrent Sessions  
See pgs. 7 & 8

# Sunday, June 1st

## Recognizing & Responding to Human Trafficking in Canadian Healthcare

You will be empowered to recognize the signs of trafficking, navigate the complexities of this issue & make a meaningful impact on the lives of those affected. Your expertise & compassion are vital in response to human trafficking. Join us and enhance your skills and contribute to a critical cause.

0630-0730 walking/run route  
Wellness Activity

0830-0930 adam ballroom  
Breakfast

0930-1030 various  
Concurrent Sessions  
See below

1030-1100 adam ballroom  
Break & Refreshments

1100-1200 adam ballroom  
Recognizing & Responding to Human Trafficking in Canadian Healthcare  
Laura Jefferies

1200-1230 adam ballroom  
Closing Remarks

0930-1030



## Sunday Concurrent Sessions

Everything you wanted to know about publishing in the Canadian Journal of Emergency Nursing - but were afraid to ask

📍 Salon Batoche

Dawn Peta RN, BN, ENC(C) Chris Picard CD, MN, RN, ENC(C)

Heather McLellan MEd, BN, RN, CEN, CFRN, FAASTN

This talk provides a speed review of neonatal resuscitation, working through the key considerations, equipment needs and initial steps when a baby is born unexpectedly in the ED. We will also walk through the resuscitation algorithm & discuss how we can adapt our emergency resuscitation skillset to care for these wee little patients no matter how big or small our ED may be.

I am a Bully: Tips to Managing Bullying in the ED

Kathleen Nicholson MSN, BSN, RN, ENC(C), SANE-A, SANE-P

📍Terrance Lounge

Nurses who work in rural critical care and emergency settings are faced with many infrequent procedures and skills requiring high levels of competency to perform safely. This presentation will outline a just-in-time solution to this practice problem involving brief, concise and targeted informational videos offered via quick response (QR) codes placed at point-of-care, on or near the associated equipment in the rural emergency department.

This presentation offers a comprehensive guide on how to publish in the Canadian Journal of Emergency Nursing. It walks through the essential steps, from creating a CJEN account for submission to understanding the Journal's submission guidelines.

Imminent Delivery in the ED: Preparation & Pearls for Looking After Babies Who Arrive... Unexpectedly

Dr. Krittika Bhende BSc, MDCM, FRCPC (Peds & Peds Emergency Medicine) 📍Battleford Room

Horizontal violence, or workplace bullying, is a concern for all areas of nursing. The literature identifies that up to 85% of nurses have been affected by this in their careers. In the Emergency Department (ED), this can affect recruitment and retention, staff wellbeing and negatively impact patient outcomes. Understanding how to respond to these behaviours in the workplace is the first step to improving department culture and reducing incidence of bullying behaviour.

Enhance Competencies in Rural Nursing

Renee DeLasse RN, MN, ENC(C) 📍William Pascoe