President's message

t is my honour to deliver this, my first President's Message, to fellow NENA members. The National Emergency Nurses Association, NENA, sets the gold standard in Canada for issues related to care of the patient and their family in the emergency department. Thank you to each and every one of you for being a member.

NENA has undergone significant change in the past few years in order to comply with the new Canada Corporations Not-for-Profit regulations. We have now completed the mandated changes and are ready to move forward. Many thanks to past NENA Presidents Sharron Lyons and Janet Calnan for their many hours of work during the transition.

Under the new structure, the NENA Board of Directors consists of the president, past president or president-elect, secretary, treasurer, director of training/ education and director of membership and recruitment. The members of the executive work with the President's Council – Provincial Council (provincial representatives), the National Course Administration Committee (NCAC), Triage Committee, the National Advisory Council (CJEN Editor and Website Coordinator) and a national conference chairperson. The Board of Directors and all members of the President's Council are assisted by our Financial Administrator, NENA's only part-time paid position. I would like to say thank you to each one of these members for their countless hours of dedicated service to NENA. Please do not hesitate to contact the Board of Directors with questions, concerns, suggestions, etc. Our contact information is listed on the website, www.nena.ca.

I must give a special thank you to Janet Calnan, immediate past president, for her guidance, mentorship and calm approach, as we transitioned to our new structure.

During my more than 40 years as an RN, I was fortunate to work with many people, two of whom became special mentors to the growth of my career. Two wise people, in different locations, who made it easy to enjoy going to work every day. What I learned from them is what I consider my "platform" for the next two years, as I serve as NENA President: "Patient care comes first". Our patients are the reason we do what we do where we do it every day. Of course, this includes family members, as well, and sometimes this is just not very easy to remember.

Overcrowding, admitted patients in the ED, staffing challenges and violence in the workplace—you have heard it all and it is all true. But still we go to work every day and for that I say thank you.

The other lesson I learned from my mentors is the value of the people we work with. I was an administrator for many years and I knew my most valuable resource was the staff, for I could not deliver our mission "to provide care" without them.

Here again, as your president, it is the same. NENA's strength is in our members. Our voice is as strong as our members, our ability to influence change the same. So, thank you again.

I look forward to meeting as many of you as possible these next two years. (That is a hint to invite us to your provincial meetings, conferences, etc.). Please support your provincial meetings, education offerings and, of course, attend the NENA National Conference in Montreal, April 22–24, 2016.



Thank you Sherry Uribe, MBA, BSc, RN, ENC(C)

2015 Poster Presentations

The NENA Board of Directors asked the 2015 Conference Committee to put out a Call for Poster Presentations to encourage nurses to use the NENA Conference as a platform to present their work. The posters could be research based, educational, and innovative or simply a problem that needed to be solved. The response may not have been overwhelming, however, the posters that were presented were very well received by the delegates. See list below.

Marissa Weiler, RN, ENC(C): There is no 'I' in Team...or Emergency

Laura Ebenspanger, RN: Translating Emergency Knowledge for Kids (TREKK): A Social Networking Analysis of a National Pediatric Emergency Network

Matthew Douma, RN, BSN, ENC(C), CNCC(C): Double Barreled IO: A Feasibility Trial of Dual Interosseous Needles Inserted into a Single Porcine Humerus

Matthew Douma, RN, BSN, ENC(C), CNCC(C): Pumps, Pipes & Tubes: A Description of Common Nitroglycerin Infusion Delays & Overdoses Margaret Dymond, CNE: A Behind the Scenes Look at the Door to Needle Times Process Improvement Initiative at the University of Alberta Hospital

Ashley Murakami, RN, BN: Improving Timely Patient Care using a Dynamic Intake Process in a Busy Urban Emergency Department

Cheryl Swanson, Nurse Educator: Flow Nurse" Role in our Emergency Department

Communications report

s our profession becomes increasingly entrenched in the use of electronic media, one could easily wonder if the printed page is heading toward obsolescence. Why do I say this? My grandchildren are encouraged to use electronic tablets in the early grades of school; they are not taught penmanship. Electronic records are becoming the standard in every business and discipline, especially in health care. Human voice and contact have been usurped by gadgets and logins. I have a friend who is a patient at one of the continent's largest cancer treatment centres and all of their registration and paging is done with iPads and text messages—something, she says, is a struggle for the elderly patients who sit beside her in the waiting areas. Many of us no longer carry paperback books to travel, preferring the easy use of a Kindle or other device.

Despite understanding the manifold reasons for using electronic communication, some of us love to hold the real books and papers in our hands. There is something wonderfully amazing about the visual presentation of a paragraph or page with contrasting or complementary fonts and text sizes, the texture of the pages, the use of images and colour to support, highlight, or enhance the meaning of the passages in print. The slight discolouration in the margins of favourite pages in oft-used reference material, the way that documents and books fall open to the last page read, the ability to put a book down and return to it without signing in again-these things are delightful to me.

As I work with authors, advertisers, the NENA board and committee members, and our publisher to assemble another CJEN, I know that some people will never read it. Others will wait until it is available electronically on the website and download it to their computers for possible use in the future. For those who prefer to rely on characters on a screen—good for you!

For those readers, like me, who love to hold journalism in our hands, I offer you an opportunity to enjoy this Fall 2015 *Canadian Journal of Emergency Nursing* in print. Written by Canadians who may not share my love of the printed page, this journal carries the vision of nurses with whom NENA shares a bond of dedication to patient care. I trust you will find as much joy in reading this as I have in preparing it.

Thank you to all who submitted content to this journal. It is so much appreciated by all of us. The deadline for the spring edition is February 10. Guidelines for submission are available on the **NENA**. **ca** website.



Respectfully submitted, Stephanie Carlson

Director of Membership & Promotion report

am Pat Mercer-Deadman from Edmonton, Alberta, and I am proud to have been appointed to the NENA Board of Directors in the new and developing position of Director of Membership & Promotion. I have been an emergency nurse since 1983 and have maintained certification in emergency nursing with the CNA since 1998. I am the immediate past president of NENA-AB.

During my term of office, Alberta had great success in growing our provincial membership from 130 to more than 300. I look forward to introducing the provincial directors to some strategies that worked for Alberta, and to developing new initiatives to increase NENA membership and promote NENA within the provinces and across Canada. We need to be recognized as the **"voice"** of emergency nurses and the **"go-to people"** when the media need commentary on emergency nursing issues, whether it is Ebola, or emergency inpatients. As part of my portfolio, I will make efforts to re-establish provincial associations, so that each province or territory is represented on the Presidents' Council, which reports to the Board of Directors of NENA. We need to increase the visibility of NENA, so that every nurse across the country who works in an emergency department, room, urgent care or outpost, knows who NENA is and what our goals are, and sees the value in membership.

Our organization needs to grow and serve you, our members, better. Let your voices be heard. I value feedback and suggestions from NENA members on what you would like to see from us, as an organization. Why did you join? What keeps you a member? Go to nena.ca and send me an email.

Some benefits of membership

- Looks good on a CV/resume
- Great for continuing competencies—provincially and for the CNA certification

- Bursaries—FREE money available provincially and nationally
- *Canadian Journal of Emergency Nursing* subscription, a chance to be published in a national publication
- Provincial newsletter where available
- Nena.ca our new and improving website
- Reduced rates for courses such as TNCC, ENPC & CTAS
- Access to NENA Position Statements and Standards of Emergency Nursing
- Annual NENA conferences and provincial conferences at reduced rates

I challenge each NENA member to spread the word and encourage your friends and co-workers to join NENA, **the** professional association of emergency nurses in Canada.



Pat Mercer-Deadman, RN, ENC(C)



CANADIAN SOCIETY OF ALLERGY AND CLINICAL IMMUNOLOGY

SOCIÉTÉ CANADIENNE D'ALLERGIE ET D'IMMUNOLOGIE CLINIQUE President/Président Dr. S. Kapur, Halifax

Past-President/Président sortant Dr. P. Keith, Hamilton

Vice-President/Vice-président Dr. D. Fischer, Barrie

Secretary-Treasurer/ Secrétaire-trésorier Dr. H. Kim, Kitchener

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Fellow-In-Training/ Fellow associé stagiaire Dr. W. Gill, Toronto

Section Advisors/

Conseillers de sections Dr. S. Mace, Scarborough Dr. D. Mack, Burlington Dr. K. Hildebrand, Vancouver Dr. S. Turvey, Vancouver Ms. J. St. Vincent, Winnipeg Ms. L. Kirste, Vancouver

Head Office / Bureau chef

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Louise Tremblay Executive Director / Directrice

Alexi Campbell Manager / Gestionnaire

FOR IMMEDIATE RELEASE

Greater Accessibility to the National Guidelines for Anaphylaxis Management in Canadian Schools

Now Available in e-book, Flip-book and PDF Versions

OTTAWA, ON – September 15, 2015 – The Canadian Society of Allergy and Clinical Immunology, in collaboration with Food Allergy Canada (formerly Anaphylaxis Canada), the Allergy/Asthma Information Association, Allergy Quebec (formerly Association québécoise des allergies alimentaires), and the Canadian Allergy, Asthma and Immunology Foundation, is pleased to announce the availability of the *Anaphylaxis in Schools & Other Settings, 3rd Edition* resource in e-book and flip-book versions.

With more people accessing digital resources, important information on anaphylaxis will reach a greater number of Canadians. This is the latest initiative by our organizations to increase public education on potentially life-threatening allergies.

Originally released in PDF version in 2014, *Anaphylaxis in Schools & Other Settings* includes updated information on the effective management and treatment of anaphylaxis in school communities. The resource also includes the input of individuals from more than 15 national and provincial health and education and training organizations as well as parents.

"We are pleased to provide greater accessibility to this important resource for schools," said Dr. Sandy Kapur, President, Canadian Society of Allergy and Clinical Immunology. "By doing so, we hope to increase the understanding of anaphylaxis within school communities in order to safeguard both students and staff with potentially life-threatening allergies."

Anaphylaxis is a growing public health concern and the need for ongoing education and awareness is essential. While *Anaphylaxis in Schools & Other Settings* primarily refers to the school environment, many of the key recommendations and management strategies apply to all individuals at risk of anaphylaxis and are applicable to other settings.

For more information about the various versions of *Anaphylaxis in Schools & Other Settings, 3rd Edition* in English and French, go to **www.csaci.ca**.

About the Canadian Society of Allergy and Clinical Immunology (CSACI). The CSACI is the largest national professional medical specialty organization in Canada representing allergists, physicians, allied health professionals and scientists with special expertise in the management of allergic and immunologic diseases. The Society is also dedicated to improving the quality of life of people with allergies through research, advocacy, and continuing professional development and public education.

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For more information, please contact:

Louise Tremblay, CSACI Executive Director Tel: 613-986-5869 / Email: info@csaci.ca



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Louise Tremblay Executive Director / Directrice

Alexi Campbell Manager / Gestionnaire

POUR DIFFUSION IMMÉDIATE

Plus grande accessibilité aux lignes directrices nationales en matière de gestion de l'anaphylaxie dans les écoles canadiennes

Maintenant offertes dans un livre numérique, un livre numérique feuilletable et en version PDF

OTTAWA, ON – 15 septembre 2015 – La Société canadienne d'allergie et d'immunologie clinique, en collaboration avec Allergies Alimentaires Canada (auparavant Anaphylaxie Canada), l'Association d'information sur l'allergie et l'asthme, Allergies Québec (auparavant Association québécoise des allergies alimentaires) et la Fondation canadienne d'allergie, d'asthme et d'immunologie, est heureuse d'annoncer la disponibilité de nouvelles versions de *L'anaphylaxie à l'école et dans d'autres milieux, 3e édition*, soit un livre numérique et un livre numérique feuilletable.

Puisque les gens utilisent de plus en plus les ressources numériques, de l'information importante relative à l'anaphylaxie atteindra plus de Canadiens et de Canadiennes. Il s'agit de la plus récente initiative de nos organisations pour favoriser l'éducation du public quant aux allergies pouvant mettre la vie en danger.

Initialement offert en version PDF en 2014, le document *L'anaphylaxie à l'école et dans d'autres milieux* comprend de l'information mise à jour sur la gestion et le traitement appropriés de l'anaphylaxie dans les milieux scolaires. Cette ressource a été revue et commentée par des personnes provenant de plus de 15 organisations nationales et provinciales s'intéressant à la santé et à l'éducation ainsi que par des parents.

« Nous sommes heureux de rendre cette importante ressource pour les écoles plus accessible », a dit Dr Sandy Kapur, président de la Société canadienne d'allergie et d'immunologie clinique. « Ce faisant, nous espérons que plus d'intervenants dans les écoles comprendront mieux l'anaphylaxie afin d'assurer la sécurité tant des élèves que du personnel vivant avec des allergies pouvant mettre leur vie en danger. »

L'anaphylaxie est un enjeu de santé publique de plus en plus préoccupant et les besoins en matière d'éducation et de sensibilisation sont sans cesse renouvelés. Bien que *L'anaphylaxie à l'école et dans d'autres milieux* fasse principalement référence à l'environnement scolaire, plusieurs des recommandations clés et des stratégies de gestion de l'anaphylaxie s'appliquent à toutes les personnes à risque d'anaphylaxie dans d'autres milieux.

Pour plus d'information relativement aux différentes versions de *L'anaphylaxie à l'école et dans d'autres milieux, 3e édition,* en anglais et en français, visitez le **www.csaci.ca**.

La SCAIC est la plus importante société professionnelle nationale de spécialistes médicaux au Canada qui représente des allergologues, médecins, professionnels paramédicaux et scientifiques ayant une expertise particulière dans la prise en charge des affections allergiques et immunologiques. La Société est aussi vouée à améliorer la qualité de vie des personnes qui souffrent d'allergies grâce à la recherche, la défense des intérêts, le développement professionnel continu et l'éducation du public.

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Pour plus d'information, veuillez vous adresser à :

Louise Tremblay, directrice du SCAIC Tél. : 613-986-5869 / Courriel : info@csaci.ca

2016 NENA Conference—"Unleash the power of the ED nurse / Exploiter le pouvoir de l'infirmière à l'urgence"



National Emergency Nurses Association Annual Conference Montreal, Quebec April 22–24, 2016

The Association des infirmières et infirmiers d'urgence du Québec is proud to host and support the 2016 annual conference of the National Emergency Nurses Association in Montreal. We invite emergency nurses to draw on their experience and creative resources and bring a presentation to this conference. This is your opportunity to share innovative clinical projects and research in current topics in emergency nursing with an international audience. Simultaneous translation services will be available during this conference.

See you in 2016!

Steve Gagné, BSN, CNCC(C) Responsable des relations externes à AIIUQ NENA Conference Chair – Président de conférence 2016 Contact: Email 2016 Conference

Conférence de l'Association nationale des infirmières et infirmiers d'urgence Montréal, Québec 22 au 24 avril 2016

L'Association des infirmières et infirmiers d'urgence du Québec est fière d'accueillir et de supporter la prochaine conférence annuelle du NENA à Montréal. Sachant que les infirmières d'urgence sont reconnues pour être des professionnels créatifs et innovateurs, nous sollicitons votre savoir ou votre expertise afin que vous puissiez partager vos réalisations cliniques ou vos connaissances sur les sujets de l'heure. Veillez prendre note qu'un service de traduction simultanée sera disponible pour les congressistes.

Au plaisir de se voir en 2016

"Unleash the power of ED nurses / Exploiter le pouvoir de l'infirmière à l'urgence"

National Emergency Nurses Association Annual Conference Montreal, Quebec April 22–24, 2016 Conférence de l'Association nationale des infirmières et infirmiers d'urgence Montréal, Québec 22 au 24 avril 2016



Prenez part au congrès annuel de l'Association nationale des infirmières et infirmiers d'urgence qui se déroulera à l'hôtel Omni de Montréal. Le comité organisateur se prépare actuellement à mettre sur un pied un programme unique qui aura pour objectif de regrouper les domaines de la pratique clinique d'une infirmière en salle d'urgence. La conférence portera sur le thème suivant : *Exploiter le pouvoir de l'infirmière à l'urgence*. Dans le cadre de cette conférence, l'innovation, la spécialisation requise du champ de pratique, la potentialisation du rôle de l'infirmière, l'expertise clinique et le corpus de connaissances propre à notre spécialité seront au cœur des présentations et des ateliers.

Le comité scientifique vous invite à soumettre des abrégés qui portent sur différents aspects de la clinique, la gestion et la recherche. Nous encourageons les infirmières et les infirmiers travaillant dans divers milieux à soumettre des abrégés qui mettent en valeur des interventions infirmières, de nouveaux projets ou des projets qui sont présentement en cours, des résultats de recherche, des enjeux éthiques et légaux propre au milieu de l'urgence, des études de cas et des données issues de la littérature. Nous sommes à la recherche de sujet pouvant enrichir et approfondir les échanges que nous espérons entamés au cours de la conférence.

Réservez vos dates pour cet évènement.

N'oubliez pas de consulter régulièrement le site internet de la conférence pour toutes les informations clés et les annonces importantes. http://nena.ca/ conferences/nena-conference-2016/

Director of Training report

By Margaret Dymond

Thank you to all TNCC, ENPC, and CTAS instructors who continue to offer courses throughout Canada. There have been some changes over the summer to Emergency Nurses Association (ENA) fees and the business address for TNCC and ENPC course paperwork. The information was communicated to all TNCC and ENPC course directors through a newsletter from ENA called "Course Vitals" (formerly Coursebytes) and in the Spring 2015 newsletter from your NCAC representative. NENA fees for courses have not increased.

Course fees

The course fees (indirect to ENA) and direct fees to NENA are required to be sent within 30 business days of the course completion date. Course directors will receive notices from ENA if the indirect fees are overdue. For NENA-related courses, course directors will receive an overdue notice from the financial officer for NENA. All course directors should ensure your contact information is up to date for ENA and NENA for ease of communication.

What the Canadian course fees are used for

NENA is a not-for-profit organization and is internationally recognized for its work in emergency nursing. In order to

operationalize NENA's business, funding is required. The two main sources of income to run the organization are generated through NENA membership fees and course fees from TNCC, ENPC, and CTAS. NENA plans its budget based on these main sources of funding. All NENA board members and committee members (NCAC, triage [CTAS], president's council, website coordinator, CJEN editor) are volunteers. They are not paid for their work on NENA-related business. The income generated from collection of fees is to support attendance of NENA officers and related committees for meetings and travel expenses, supporting a national emergency nursing conference annually, publication twice annually of the Canadian Journal of Emergency Nursing (CJEN), French translation of NENA documents (position statements, standards of practice), and to support ongoing maintenance of the NENA website. NENA has one paid employee—the accountant who is paid through these funding sources. This funding also supports NENA members with the provision of bursaries to qualified members in pursuit of educational programs/courses related to emergency nursing. NENA provides research grants to qualified NENA members pursuing research in the field of emergency nursing. These are examples of a few special projects NENA is involved with and can support NENA members with these opportunities based

on funding received from the membership and course fees. In many areas of Canada, NENA members will enjoy a reduced registration fee for courses, conferences, and workshops. Becoming a NENA member and taking NENAsponsored courses helps operationalize the business of NENA and promote our nursing specialty in Canada.

Special projects: Canadian Emergency Nursing Certification ENC(C) resources

Canada has a well-recognized certification program for emergency nurses. This recognition is noted internationally. The goal in the next few months will be to provide resources to emergency nurses in Canada to prepare to write the Canadian certification exam. These resources will be available via the NENA website. Qualified NENA members pursuing emergency nursing certification can apply for a NENA bursary in support of emergency nursing certification.

The Canadian nursing certification program is transitioning from a paper to computer-based exam. Applications and/or renewals for certification will be deferred to winter/spring 2016. RNs who need to renew this fall will be given an extension to renew their certification to the end of 2016. The CAN website will have up-to-date information on this new process for certification.

CTAS report

huge thank you to the many CTAS instructors who took the time to complete the survey and provide their input to the CTAS National Working Group in preparation for the upcoming CTAS revision. It is anticipated that the revised CTAS will be released in late 2016.

We continue to build a bank of CTAS cases (like the ones in the CTAS course). If you have any cases you are willing to

contribute, please email them to **ctas@ nena.ca**. Contributions are greatly appreciated.

The CTAS Administration Manual was last revised in January 2015 and is available to all instructors on the website where the CTAS Instructor Materials are housed. You will find it under the heading Course Documents for Instructors/ Documents pour les instructeurs pour ETG en francais. Colleen Brayman has completed her term as the CTAS National Working Group, Western Representative and we are grateful to her for her many contributions to CTAS over the years. We are pleased to welcome Thora Skeldon as the new CTAS National Working Group Representative from the western provinces. Thora may be reached via email at ctas@nena.ca.

Erin Musgrave CTAS and CEDIS Chair

News from the provinces

British Columbia

Currently 199 members. All our information has moved from the provincial site to the B.C. page of NENA. We continue to work on our B.C. page and make the information relevant to members.

B.C. is again sponsoring five nurses for the conference, this time in Montreal! Details will be released shortly on the application process. Our executive meets monthly via teleconference to support emergency nurse activities within the province.

Flu came and went in B.C. and we are now ramping up for the next season. The Health Authorities are continuing to promote peer immunizers so that staff can be immunized easily while at work. Ebola continues to be a topic, as departments continue to have to report training numbers and update supplies according to Ministry of Health changes. Standard guidelines from Ministry of Health improved training across the province and the reporting structure ensured that any suspect patients entering B.C. were identified.

TNCC/ENPC/CAMAN/ACLS/ PALs and CTAS (including Instructor Courses) continue full steam in many areas of the province. Please email if you are having trouble accessing a course in your area.

PRN education continues to offer a new course, "Advanced Care in Emergency Departments, ACED" with courses in October, November and December. We are very pleased to see the rural sites included.

As well, this entrepreneurial group offers a monthly podcast that all ED nurses should be checking out. http:// prneducation.ca/pages/nursem

WEDOC will be in Winnipeg next year—stay tuned for announcements re the pre-conference workshop.

The Association of Registered Nurses of B.C. continues to reach out and strengthen links with the specialty groups, and we look forward to the ongoing support of emergency nurses. ENABC is providing support for a provincial wide education day at St. Paul's Hospital on November 23, 2015. More information to follow shortly.

Our AGM follows the education day and we are actively recruiting for treasurer, education officer and ENPC officer.

Fentanyl overdoses are occurring in pockets around the province and this is being tracked at the provincial level. Within one health authority, a small number of volunteers were tested and found to have fentanyl in their system, and were not aware that the drug they purchased contained this medication. Some EDs and community sites are participating in the narcan-to-go program and many others are also being asked to look at this program. For more information http:// towardtheheart.com/naloxone/.

If BC nurses have questions, or concerns, please reach out to your executive.



Respectfully submitted, Sherry Stackhouse

Alberta

Greetings from Alberta. What a beautiful, hot summer our province had, as we are leading up to the fall season.

Our province would like to thank the nurses from across our country , and a few from the United States, for attending the NENA 2015, Prepare for the Unexpected, conference in Edmonton. The attendance made it a sell out, and the speakers were enjoyed by all. I must say what an incredible experience it was to assist to organize and host such an event for our nurses.

Alberta has 320 members at present. We are continuing to have great success with our membership drive. Our provincial newsletters are emailed out to all our members, as well as every emergency and urgent care centre in Alberta to promote our organization, as well as mailing out the *CJEN* to every emergency department.

At present, we have 109 nurses certified in emergency this year from the CNA, according to NurseONE stats.

The Alberta executive is planning our fall AGM and conference. Due to our wonderful attendance from last year in Red Deer, this year we are using the same location, and planning to increase our conference to two days. At our AGM, we will be having an election for president elect and for the position of secretary.

Last year we decided to increase the amount of our provincial bursaries to up to \$400. Four members applied and qualified for bursaries. Congratulations to each of them.

TNCC, and ENPC courses continue to run all over our province, including instructor courses.

A new challenge placed by Alberta Health Services on our emergencies is to reduce our EMS wait to no longer than 90 minutes before the patient is placed into nursing care, to get the paramedics back out on the street. How will this help us place our patients in the full waiting room within the four-hour window on top of that?

We are readying for the next round of flu season or Ebola or MRSA, or whatever this year may bring us, to be prepared as best we can be.



Submitted by Shelley Pidruchney, RN, BScN Alberta Provincial Director

Manitoba

The air and leaves have begun to change in Manitoba indicating fall is upon us. As Manitobans prepare for the changing of the season, emergency nurses continue their dedicated work in emergency departments across the province.

PTSD is a rising concern for nurses in Manitoba. The exposure nurses have to trauma and critical incidents can have lasting effects on their mental health. This is particularly true for emergency nurses given the nature of our work. One in four nurses consistently experiences PTSD symptoms. The Manitoba Nurses Union has recently published a study on PTSD in nursing. On June 18, 2015, Sandi Mowat, MNU President, presented recommended amendments to Bill 35 – The Workers Compensation Amendment Act: Post Traumatic Stress Disorder Presumption, to the Standing Committee on Legislative Affairs. Sandi Mowat will be speaking to the Emergency Department Nurses Association of Manitoba on Thursday, November 19, regarding PTSD. Stay tuned for registration.

The Manitoba Government has imposed a new Provincial Healthcare Violence Prevention policy. This program must be implemented by January 2016. A provincial violence prevention working group has received feedback from stakeholders within the five regional health authorities to develop implementation strategies and education. This will include screening and identification of individuals who present to emergency departments across the province. We expect the true data of the incidents of violence or potential for violence in EDs across the province will become apparent quickly.

Manitoba emergency nurses face another inquest into the death of a patient who was discharged from the emergency department by taxi. Heather Brennan was discharged from a Winnipeg emergency department in the late evening and collapsed on her doorstep in the cold. Once again, emergency nurses, physicians, and representatives from the Winnipeg Regional Health Authority have testified during the inquest. Currently, the recommendations from the Sinclair Inquest are being examined by emergency directors, as well as Manitoba Nurses Union representatives to determine implementation strategies specific to emergency. Work has been ongoing in emergency departments across the Winnipeg Regional Health Authority for the last several years in anticipation of many of the recommendations.

Ebola preparedness is ongoing in several Winnipeg hospitals despite the reduced threat. Scientists who are associated with the Federal Virology Lab in Winnipeg have been travelling to affected countries in Africa. A specific unit at the Health Sciences Centre has been designated for potential Ebola patients should the need for quarantine arise.

TNCC, ENPC and CTAS courses continue to run throughout the province. TNCC and ENPC courses are scheduled throughout northern Manitoba in The Pas, Flin Flon, Gillam and Thompson for the remainder of 2015. TNCC is currently offered in all regions of Manitoba. A TNCC instructor course is currently being planned for November.

Premier Greg Selinger of the NDP party was reelected this past spring with the Honourable Sharon Blady continuing on as Minister of Health for the province of Manitoba.

Manitoba will be hosting the Western Emergency Department Operations Conference in Winnipeg in April 2016. We hope to see many NENA members travelling to Winnipeg to attend!



Respectfully submitted, Marie Grandmont, RN, BN, ENC(C) Manitoba Director Emergency Department Association of Manitoba

Ontario

There are currently 147 ENAO/NENA members in the province of Ontario.

TNCC, ENPC and CTAS courses continue to take place regularly throughout Ontario. ENAO is grateful to all of our dedicated instructors, who so generously donate their time and expertise in order to provide this valuable education to our emergency nurses. Ontario is also fortunate that several of our instructors also travel significant distances, thereby facilitating good access to these important courses across all of Ontario.

As her two terms on the National Course Administration Committee (NCAC) come to a close, ENAO wishes to recognise and thank Ontario member Brenda Lambert for her dedication and service in the promotion and facilitation of valuable education courses across our province. The ENAO Board of Directors has committed to the printing of additional copies of each edition of the *Journal of the Emergency Nurses Association of Ontario* (JENAO), which is published twice each year. As an immediate and personal acknowledgement, a copy of the latest *JENAO* is immediately mailed out to welcome "new" members.

ENAO continues to offer three different monetary awards annually to assist qualifying members with the ever-increasing costs of ongoing education and skills advancement. A draw for a complimentary one-year ENAO/NENA membership is sponsored by ENAO at various educational events throughout Ontario, thus actively promoting membership growth.

ENAO's liaison relationship with various Ontario groups changes, as some projects are completed and new work begins. Our participation with the Ontario Neuro Trauma Foundation over several years has resulted in standardised provincial guidelines for patients having traumatic brain injuries (TBIs).

ENAO members recently took part in a survey originating from Toronto's Sick Kids Hospital relating to palliative paediatric patients in the event of a future pandemic. We look forward to soon publishing the results of this survey, as well as the Paediatric Palliative Pandemic Planning Guide once it has been completed.

ENAO is proud to be an invited member of the steering committee for the development of an e-CTAS program with the planned use throughout Ontario's emergency departments. Funding for this important program is generously being provided by Cancer Care Ontario (CCO). The end product is anticipated to be similar to a computer program that is currently in use in the province of Alberta. This work is so relevant to ENAO, since emergency nurses perform all triage within Ontario.

In keeping with our mandate to facilitate educational opportunities within Ontario, ENAO is busy planning our next biennial provincial conference, which will take place on **September 27–28**, **2016**, in **Belleville**, **Ontario**. By the time this ENAO provincial report appears in *CJEN*, the 2016 conference Call for Abstracts for speakers and posters will have gone out throughout Ontario and across Canada. Would you like to be a speaker? Have you done research that you would like to share as a poster presentation? I encourage you to mark your calendars, save the dates, request time away from work or plan a vacation while you take part in this exciting educational event in 2016 in Ontario. Hope to see you there!



Yours in emergency nursing, Janice L. Spivey, RN, ENC(C), CEN ENAO President

PEI

Hopefully everyone had a fantastic summer .The fall is off to a fast start and we head back into the education groove. PEI is a small province, so membership is small. However, we are doing well with approximately 25 active members. The challenge of recruiting new members and retaining members is always an ongoing priorty for the PEI group. We continue to try to create incentives and offer priorty seating at workshops to our members. Although the national fee did increase for NENA, we are trying to keep the PEI registration fee low, so our member numbers do not start to fall.

As with many emergency departments, staffing is an ongoing issue. This makes it very hard to allow employees to attend the workshops that are necessary to keep one's coverage up to date. PEIENA continues to offer TNCC biannually and CTAS monthly. The registration numbers are low and we find this discouraging. We will make every effort to support our members in any way we can and offer them priorty seating when applicable.

PEIENA will be sponsoring the following fall workshops: Seasonal and Specialty Emergencies (October 13, 2015), Trauma Laboratory Day (November 18, 2015), Emergency Intermediate Coronary Care (November 20, 2015), and The Emergency Respiratory Workshop (November 26, 2015). All these workshops will provide an excellent opportunity to learn and share up-todate information for the emergency staff and to other disciplines who also have a keen interest in emergency care.

Our treasurer (Donna Gallant) has recently retired and we wish her all the best in her retirement. We will be seeking new candidates for this position.

Model of Care will be completed in the next few months, so we will be waiting to see what changes will be implemented in our emergency departments. Change is always a challenge. PEIENA will offer support where needed.

We hope everyone has a calm and snowfree winter! We look forward to the next conference in Montreal and have started to plan for Conference 2017. PEI will be hosting and we look forward to the challenge of being your host.



Respectively submitted, Sharon Hay, PEIENA Director

New Brunswick

New Brunswick totally missed spring and summer did not arrive until August! Where has the summer gone?

Education

TNCC is offered in both languages throughout the province on an ongoing basis. Trauma New Brunswick with Horizon Health Network and Vitalite' support this initiative. ENPC is offered two to three times per year in Saint John and Moncton. CTAS is offered around the province in French and English, as needed.

NBENA continues to promote emergency nursing as a speciality, challenging and encouraging ER nurses to write their certification exams. CNA is changing the process for certification in 2016. Examinations will be computer based. Applications will be received online and examinations will be written in the fall between September 19 and October 7, 2016. This should provide more opportunity for nurses to complete their certification.

Simulation! We are starting another season of simulation in southern NB! We continue to provide education to RNs, LPNs and MDs in our rural hospitals through case-based simulation. It is great to see such positive outcomes from the collaboration between MDs, RTs and nursing! The emphasis this fall will be "A Systematic Approach to the Sick Patient". At the Saint John Regional Hospital, the level one trauma centre in New Brunswick, bi-weekly in-situ simulations occur followed by structured debriefing. Education through simulation improves skills, communication and processes.

New Brunswick Health Authorities, Horizon Health Network and Vitalite' with the Department of Health in collaboration with University of New Brunswick and Universite' de Moncton support a provincial Critical Care Nursing Program, which offers two streams-emergency care and critical care. The program is three months in length and is offered four times per year. It provides opportunity for continued professional development to nurses across the province in both French and English. This initiative has been in place since 2002 and is an excellent example of collaboration to provide a need.

Work environment

Front-line nurses continue to struggle with admitted patients filling their emergency departments. Providing quality care for these acute admissions, as well as the patients presenting to our emergency departments is very challenging and stressful. Ambulance offload times are increasing as a result. Emergency nurses deal with these issues every day! Our nursing leaders are working closely with hospital administration to come up with a plan to address these situations.

Nuclear: On November 17-18, 2015, the Saint John Regional Hospital Emergency Department will be involved in a full-scale mock nuclear disaster. Point Lepreau Generating Station, located 40 km from Saint John, is the only nuclear generating station east of Ontario. This generating station has been in operation since 1981 with a refurbishment completed in 2012. The mock disaster will be the first since refurbishment. Involved in the mock disaster will be Point Lepreau staff, multiple departments from all levels of Government, Saint John Regional Hospital Emergency Department, Red Cross and Horizon Health. There will also be observers from the United Nations and Homeland Security from the U.S.

A terrific amount of education and training has been taking place over the last four months. Staff is anticipating two days of learning, as the casualties that would present from a nuclear accident are not something that you hope to ever see in your lifetime. Stay tuned for the spring addition of CJEN to read about lessons learned from this event.



Hiadee Goldie RN, ENCc, SANE-A Emergency Nuclear Preparedness Educator

Membership: In the last year we have recruited 19 new nurses to NBENA! In total we have 52 members. We continue to promote membership at all educational courses! NBENA is sponsoring an ER nurse who is a member to attend the 2016 NENA conference in Montreal. We hope to see a large number of NB nurses attend! As NENA's voice grows, hopefully we can increase awareness of the problems faced by ER nurses. These issues impact patient care! These issues impact nurses! Emergency nurses make a difference!

Looking forward to the 2016 NENA conference!



Respectfully submitted Debra Pitts, RNBN, ENC(C) NENA-NB Director

Nova Scotia

Hello to all from Nova Scotia. I would like to first off say how excited I am to be taking over the role of director for NSENA. I look forward to collaborating with everyone across our province and the country. The fall is always a busy time here in Nova Scotia for emergency nursing education. The QEII Emergency Nursing Education Committee held its education day on October 23 this year, and as well the IWK Education Committee is having its education day on November 20. Both of these events are held in Halifax and I know they will shine in the topics that will be presented. I have been lucky enough to attend both of these events yearly and they are sure to never disappoint, so if you can make it, I highly suggest going. My goal for NSENA is to increase our membership and hopefully work across our beautiful province to bring education to all of our emergency nurses, and strong working bonds. Although we may be small in numbers, we are mighty and together we can bring the best possible care to our communities. I look forward to the future and working with everyone in NENA.



Respectfully submitted, Mary Spinney, BScN, RN, ENC(C) Director NSENA

TRAUMA CORNER: TNCC INSTRUCTORS

Injury prevention: Recent publications and websites

Distracted driver: An evidence-based review

EAST.org is a website that provides up-to-date guidelines on trauma management. A review of the distracted driver was published in July 2015. The review below is a summary of these findings.

A) Driver distractions contribute significantly to motor vehicle collisions (MVCs) across all age groups.

B) Cell phone use and texting cause significant distraction to motorists across the population. Their ubiquitous use in society has increased their role in MVCs.

C) Novice and teen drivers are less prepared to deal with the demands of driving; their use of cell phones while driving and subsequent morbidity and mortality are, therefore, higher than other groups of drivers.

Visit https://www.east.org/education/practice-managementguidelines/distracted-driver-an-evidencedbased-review to see the complete review or download a copy.

Submitted by Margaret Dymond NENA Director of Training

Canadian Injury Prevention Resource

Parachute is pleased to announce the release of the *Canadian Injury Prevention Resource* (CIPR). Made possible with valuable support and financial resources from the Public Health Agency of Canada, the CIPR culminates the work of more than 60 authors, and the vision and collaboration of Canadian Collaborating Centres on Injury Prevention (CCCIP).

The CIPR is built to reflect the Canadian experience around injury prevention and is relevant to individuals and practitioners invested in injury prevention. The resource answers important questions like, "How is injury related to income?" or "What is the approach to injury prevention in Canada?" among many others.

This resource is FREE of cost and is publicly available to anyone interested in learning more about the field of injury prevention.

Visit www.parachutecanada.org/cipr to download your copy.

Submitted by Ann Hogan National Course Administration Committee Chair