

President's message

As I move into the year 2013, I feel like I have run a marathon! On talking to other members of NENA they, too, have the same feeling! That led me to look back on what had kept myself and the NENA board so busy!


Here are a few of the things NENA has been working on:

- The 2012 conference in Halifax was a success and the present conference team are well on their way to making 2013 "Wild and Spectacular".
- The Ontario crew, not to be left in the dust, has already started on the 2014 conference, which will be open to nurses from North and South America!
- The Honorary Life Membership program, (see "Letter to the President" on page 10) started in 2012 and we have been successful in finding some of the past hard-working nurses who laid the foundation of the National Emergency

Nurses' Affiliation (see letter from Louise). We will be inducting several more members at the AGM in May.

- The International Exchange program (see "IEP" on page 14) is well underway and two U.S. nurses will be coming to Canada for a week.
- NENA has a board member on the Bystander CPR committee, as well as the overcrowding committee at CAEP.
- Another member is on the Accreditation Canada—emergency committee.
- With the release of the new 4th edition of ENPC and the TNCC rewrite underway, there is the need to raise money for translation. Thankfully, with the help of the AIIUQ and a special committee, work is underway to source out some funds.
- The job of combining the membership data from NENA and AIIUQ has turned out to be a bit more work than expected, and continues at this time.

- Work continues on the NENA by-laws and society changes required by Canada Corporation Act and will be discussed at the May board meeting, then taken to the AGM for discussion prior to finalization.

Personally, I have had the pleasure of attending several provincial and national conferences or workshops and I continue to draw energy from the people I meet at these events. Emergency nurses are truly exceptional people and they continue to face new challenges every day. 



Sharron Lyons

Belief is truth held in the mind. Faith is a fire in the heart. Keep the faith.

— Author unknown


Communication Officer's Report

Welcome to the premiere edition of the *Canadian Journal of Emergency Nursing*! The change in the title of our journal is one more demonstration that nursing is constantly changing. It also reflects the desire to increase the profile of emergency nursing as a specialty.

If ever there was a time to enter emergency nursing, this is it. Many provinces are seeing greatly expanded scopes of practice for nurses with exciting

opportunities in careers associated with emergency care of patients.

This will also be reflected in the NENA Conference in Vancouver in May, which will include sessions on a wide range of topics directly and tangentially related to care within emergency departments. Our conference committee has been hard at work for more than a year, planning and preparing to make this a must-do event. <http://www.interprofessional.ubc.ca/nena/>

Please consider contributing to the *Canadian Journal of Emergency Nursing*. We are already accepting submissions for the fall edition. The deadline for submission is September 10. 




See you in Vancouver, Stephanie Carlson

Elections for Treasurer

As treasurer, you are entrusted with the funds and securities of the corporation and you shall keep full and accurate accounts of all assets, liabilities, receipts and disbursements. ...You are expected to prepare and deliver an accounting of all financial transactions at each board meeting. This is a four-year term with a mentorship by the previous treasurer and the expectation of mentoring the incoming treasurer at the end of your term.

American Nurses Association recognizes emergency nursing as a nursing specialty

Emergency nursing is now an official nursing specialty recognized by the American Nurses Association. The American Nurses Association (ANA) has rigorous criteria for specialty recognition, so this is a major accomplishment validating the unique aspects of

emergency nursing practice. The ANA also accepted the revised *Emergency Nursing: Scope and Standards of Practice*, available for purchase later this year. To see the full release, go to www.ana.org. 

News from the provinces

NENA-AB (ENIG) Report

This past fall and winter have been very busy for the executive of the Emergency Nurses' Interest Group (ENIG) of Alberta. We have met four times since September and have exchanged countless e-mails. Our main priorities have been to increase our membership, and to promote ourselves as the provincial division of the National Emergency Nurses' Affiliation Inc. (NENA). We have developed a brochure and poster, which we have distributed in both hard and electronic format to our members. We have visited almost a dozen smaller and rural hospitals with emergency services to give out brochures and NENA pins. This was received with great excitement and enthusiasm from the staff contacted.

Our Communications Officer, Jean Harsch, has been extremely busy with improvements to our newsletter and then, electronically distributing it to our membership, as well as mailing hard copies to all Alberta hospitals with emergency services. It is our hope that our newsletter will continue to improve and grow, and that with the increase in circulation, it will become a "go-to" publication for Alberta emergency nurses to connect them to educational opportunities provincially and nationally. We have developed a Facebook page that Jean posts on and maintains. Our next project will be to improve our website.

We have updated and revised our constitution/bylaws document to reflect allowing Licensed Practical Nurses (LPNs) to join our group as full members. LPNs are an important part of the emergency nursing team, not just in Alberta, but also across Canada. LPN involvement and membership in our group can only help us improve. Another revision to the constitution/bylaws is to change our name from ENIG to NENA-AB. We hope that this will visibly reinforce our connection to NENA and the importance of our provincial role in our national organization. We will put this new document to the membership for a vote at the Annual General Meeting (AGM), which will occur later this spring.

Our executive is busy planning, and we hope to combine an education and skills day with our AGM. December and January were extraordinarily busy for Alberta emergency departments with extremely high numbers of patients attending with the flu and Norovirus. Thankfully, the latest statistics show a significant decrease in these numbers, and we are hopeful we will not see a substantial increase when the "second wave" hits.

TNCC, ENPC and CTAS courses are ongoing throughout Alberta and at each opportunity, members of NENA-AB (ENIG) continue to promote our group and encourage our colleagues to become members. Our collective voice is much louder and carries more weight, with more members. This will make NENA-AB's goal to promote professional growth as emergency nurses much easier to accomplish! Thank you for continually rising to the challenges that are always a very real part of emergency nursing.



**Pat Mercer-Deadman,
RN, ENC(C)
President NENA-AB
(ENIG)**

British Columbia

What an exciting time for ED nurses across the province. Lots of exciting improvement work going on. Patient volumes continue to cause stress to departments everywhere. We just completed an education day in Whistler, attached to the St. Paul's Emergency Medicine Conference. Lots of good conversations and networking occurred. We will take the feedback and make next year even better.

I would like to share an exciting process that we have implemented in our emergency department in North Vancouver. Approximately a month ago, our acting manager Angeline Bierstee brought her incredible energy and enthusiasm forward to roll out a "continuous quality improvement board" in our department.



Every day we start with a "huddle" to review staffing concerns, patient ratios, unsafe assignments and any particular concerns with patients. We then move on to address issues in the department. Staff are encouraged to post concerns under the headings of safety, quality, people, cost or delivery. Each morning we address one or two concerns. Once the issues are solved, we move items over to the "achievement" section. Staff has a renewed sense of engagement and excitement that our department is moving forward. I would encourage staff to consider this kind of work to make department improvements in staff engagement, and patient and staff satisfaction. Research has shown that engaged staff results in happier patients. This is based on lean methodology and can be up and running in a couple of days!

Emergency nursing week is coming up—let us look for ways to celebrate our colleagues and the work that we do.



Sherry Stackhouse

Newfoundland and Labrador

Winter has set in here on the island and we have had our share of cold and snow. Emergency rooms are being bombarded with winter-related ailments. The flu season has left its mark with nursing units quarantined and EDs filled over capacity with inpatients. This is the norm now.

Other rural RNs have an "extended" nursing role that includes covering off an Acute Emergency Clinic after hours.

This role was shared by two RNs, as they also care for other LTC inpatients in the centre. The RN is often monitoring several acute patients for an out-of-facility MD. This has created an outpouring of demonstration, as we see a reduction of RN coverage, therefore decreasing the provision of good quality health care.

Ongoing issues: emergency departments continue to deal with over-crowding, extended wait times, limited general practitioner coverage increasing the patient volumes in EDs, increased acuity and increased staff abuse.

On a bright note, administrators are making attempts to improve flow within the emergency departments.

Membership: 64 active members

Events: October conference completed with a profit for the Province


- Health Authority introducing LEAN Healthcare model
- PEDS Conference to be held in St. John's in the spring of 2013.

Body participation: expressions of interest for next provincial conference

- Recruiting new executive interest.
- Goal: AGM 2013

- Partnered with paramedics in local Christmas Parade.

Education: TNCC, CTAS continue to be offered twice yearly.

- ENPC under review (promising feedback)
- Training new instructors for TNCC, March 2013. 



Todd Warren, RN
NL Director

Canada's National Day of Remembrance & Action on Violence Against Women




Photo: Pat Kelln & John Johnson,
Women, Information & Advocacy.

December 6, 2012

The 10th Annual Shoe Memorial in Vancouver, B.C.

I would first like to pass on two often-heard comments by pedestrians on December 6: "*It must be Dec. 6*" and "*Thank you so much for doing this*". I don't think I can convey my thanks any better than that. For without your hard work collecting shoes, the Memorial could not be built. Women in need appreciate the number of boots and walking shoes you collected.

Again this year we were able to commemorate each woman and girl killed

in B.C. that we know of—869 deaths, 869 pairs of shoes. Though we spoke to fewer individuals, our goal of "remembering" those who have died needlessly is being fulfilled by our just being there. And not just in Vancouver. The number of Shoe Memorials in Canada continues to grow with Mississauga, Ontario, building its first. The shoes were donated to worthy charities following the event. To read more about the event go to: www.shoememorial.com or <http://metronews.ca/news/vancouver/468683/empty-shoes-at-vancouver-art-gallery-mark-women-murdered-by-domestic-violence/> 

Journée nationale du souvenir et de l'action contre la violence faite aux femmes


10^e journée annuelle de « Shoe memorial » à Vancouver

6 décembre 2012

Tout d'abord, j'aimerais vous mentionner des commentaires positifs que nous avons reçus des participants à la marche du 6 décembre. Je pense que ces messages accompagnent nos remerciements. Sans votre travail ardu pour la collecte de

souliers, cette activité commémorative n'existerait pas. Les femmes dans le besoin apprécient toutes les bottes et les souliers amassés lors de cette journée.

Encore une fois, cette année, nous pouvons commémorer toutes les femmes et filles tuées en Colombie Britannique (869 décès, 869 paires de souliers). Tel que discuté, notre but est de ne pas oublier les êtres disparus et pas seulement à

Vancouver. Cette activité prend de l'essor avec un premier événement à Mississauga en Ontario. À la suite de l'événement, les souliers ont été donnés à un organisme de charité. Pour en savoir plus concernant cet événement, vous pouvez consulter le site: www.shoememorial.com ou <http://metronews.ca/news/vancouver/468683/empty-shoes-at-vancouver-art-gallery-mark-women-murdered-by-domestic-violence/> 

NENA awards, bursaries and grants available for 2013

Awards

Excellence in nursing and health care deserves recognition. By celebrating nurses' achievements in the four domains of practice, the understanding of nursing is expanded and a positive image is reinforced. The NENA Awards of Excellence Program enables nurses to honour colleagues for their outstanding contributions and for demonstrating excellence in relation to the Standards of Nursing Practice. Awards available:

- Award of Excellence in Emergency Nursing Administration
- Award of Excellence in Emergency Nursing Education
- Award of Excellence in Emergency Nursing Practice

- Award of Excellence in Emergency Nursing Research


Award nomination forms to be sent to awards@nena.ca

Bursaries

NENA recognizes the need to promote excellence in emergency care and, to this end, financial aid to its members. NENA will set aside a predetermined amount of monies annually with the mandate of providing a high standard of emergency care throughout Canada. All sections of the emergency nursing team are eligible for consideration including staff nurses, managers and educators. On April 1 of each year, the number of bursaries awarded is determined by the number of

registered members per province. One bursary will be available to NENA BOD and ONE collectively to an independent member. Applications must be submitted to your provincial president or awards@nena.ca prior to April 1, 2013.

Grants

The purpose of the NENA Research Grant is to encourage and to support nurses conducting nursing research in emergency. Research must be relevant to emergency nursing and may include practice, education or administration. The amount of money granted per year is \$1,000.00. Application deadline is March 31. For more information on how to apply, go to www.nena.ca 

Prix, bourses et subventions NENA disponibles pour 2013

Prix

Reconnaissance de l'excellence en soins infirmiers et en soins de santé. En célébrant les réalisations des infirmières dans les quatre domaines de pratique, nous renforçons l'image positive de la profession. Le Prix de l'excellence du NENA permet aux infirmières d'honorer leurs collègues pour leur contribution exceptionnelle, en lien avec les standards de politique en soins infirmiers. Prix disponibles:

- "Award of Excellence in Emergency Nursing Administration" (Administration)
- "Award of Excellence in Emergency Nursing Education" (Formation)
- "Award of Excellence in Emergency Nursing Practice" (Pratique)

- "Award of Excellence in Emergency Nursing Research" (Recherche)


Les formulaires doivent être envoyés à awards@nena.ca

Bourses

Le NENA reconnaît l'importance de promouvoir l'excellence des soins d'urgence et l'aide financière à ses membres. Le NENA offre annuellement des montants d'argent afin de maintenir un haut niveau des standards dans les soins d'urgence à travers le Canada. Toutes les directions d'équipe en soins d'urgence sont éligibles incluant le personnel infirmier, les directeurs et les formateurs. Les bourses seront déterminées par le nombre de membres enregistrés par province, au 1er avril de chaque année. Une bourse sera

disponible à NENA BOD et une collective à un membre indépendant. Toutes les demandes doivent être envoyées à votre président provincial ou à awards@nena.ca, avant le 1^{er} avril 2013.

Subventions

Le but des subventions pour la recherche du NENA est d'encourager et de supporter les infirmières qui dirigent les recherches en soins d'urgence. La recherche doit relever des soins infirmiers d'urgence et doit inclure la pratique, la formation ou l'administration. Le montant accordé par année est de 1 000 \$. Date limite pour les demandes est le 31 mars. Pour plus de détails sur la façon de faire une demande, consultez : www.nena.ca 

National Course Administration Committee (NCAC) TNCC/ENPC/CTAS Instructor Updates, Spring 2013

By Margaret Dymond

ENPC 4th Edition updates

All ENPC instructors should have received an email from ENA describing the process for updating your instructor status to teach the ENPC 4th edition course. The update process is all online. ENPC instructors are required to watch the online videos, preview four online modules, and complete the exam online. It is advisable that instructors secure a 4th edition provider manual prior to completing the exam. The deadline for an instructor to update is February 28, 2013.

Several notifications have been sent through ENA and NCAC to all ENPC instructors regarding the up and coming changes to the course. Only 4th edition ENPC courses are being approved, so instructors who have not completed their update cannot teach ENPC.

E-course OPS

There are many advantages to applying for courses online: view your courses, invoices, order manuals, cancel courses. Course directors for 4th edition ENPC courses will also register participants to enable access to the pre-course modules through E-course OPS.

Course approvals

A two-step process is required for course approvals. Course directors should apply through e-course OPS for their courses. ENA approves that these course directors and instructors are current to teach. NCAC ensures all instructors are NENA members by checking the NENA membership list. NCAC is looking forward to future enhancements to E-course OPS that will permit viewing the instructors, as well as the course.

TNCC updates

The 7th edition TNCC revision process is underway. The new course format is expected early in 2014.

TNCC re-verification courses

ENA will still approve the TNCC 6th edition re-verification courses, but contact hours cannot be awarded after December 31, 2012.

Non-RN health care providers taking TNCC or ENPC

Non-RN health care providers who work in an emergency setting can participate in the written and skill station testing of both the ENPC and TNCC provider courses. The non-RN health care worker who attends a provider course will receive a certificate of attendance with the appropriate number of contact hours, but will **not** receive a verification card or verification status.

Course Bytes

This is a great newsletter published by ENA where TNCC/ENPC instructors can get up-to-date information on courses. If you would like an automatic email, send your request to CourseBytes@ena.org

CTAS update

The 2012 CTAS course revisions are available through the CAEP website in a secured manner. Only current CTAS instructors will have access to the course materials. Course materials expire every year. CTAS instructors are required to ensure their instructor status is current (teach one course every 12 months) and be a NENA member. Instructors who have lapsed in either their instructor teaching requirement or NENA membership will not have access to the teaching content. Questions or queries can be sent to ctas@nena.ca.

Course updates

NCAC publishes a newsletter twice annually, which is posted on the NENA website and through email. If your email addresses change, please notify us at ncac@nena.ca. Your NCAC rep can also email you an update to the Canadian course administration procedures.

NCAC members

All queries regarding TNCC/ENPC/CTAS can be sent to ncac@nena.ca 

Margaret Dymond, Chair: margaret.dymond@albertahealthservices.ca or chairncac@nena.ca

Ann Hogan, Eastern Canada Rep: Ann.Hogan@horizonnb.ca

Brenda Lambert, Central Canada Rep: Lambertbrenda17@gmail.com

Monique McLaughlin, Western Rep: monique.mclaughlin@vch.ca

Denis Bouchard, Quebec Rep: bouchardsante@gmail.com

Erin Musgrave, CTAS rep: Erin.Musgrave@horizonnb.ca or ctas@nena.ca

Letter to CTAS instructors

Dear CTAS Instructors,

After much great feedback from all of you, the CTAS NWG has revised CTAS (incorporating all of your suggestions—please keep them coming) and we are pleased to announce the new CTAS teaching materials are now ready to download on the CAEP website. Please delete older versions, as they are no longer current and can no longer be used.

The new materials have been saved with an expiry date of July 1, 2013. This coincides with the renewal of CTAS Instructor and NENA memberships and is to ensure all CTAS Instructors are using the most up-to-date materials vetted by the CTAS NWG, NENA and CAEP. What this means is that as of July 1, 2013, the materials will become corrupt and you will not be able to use them until you have renewed both of your memberships, and have taught at least one course per year.

As some of you have noticed, accessing CTAS is now easier and more user-friendly.

Any current instructor can access the materials by logging into the CAEP Communities website. If you have not yet renewed your CTAS Instructor membership and/or NENA membership, please do so as soon as possible so you can access the new materials.

A few highlights of the provider course revisions are:

- The elimination of “steps” within the modifiers. There are now only 1st order modifiers and 2nd order modifiers
- More definitions added, e.g., timeline for acute pain versus chronic pain
- Adult fever is now > 38°C to be in line with sepsis protocols
- CVA-like symptoms now go to 4.5 hours
- New CEDIS complaint and modifiers, “Newly born” has been added to Module 3
- New evidence-based paediatric vital sign charts
- Addition of Paediatric Hypertension chart

- The delivery of content in Modules 2, 3 and 4 has changed slightly for clarification
- Removal of redundant/repeated slides
- Enhanced Instructor Notes to help answer some of the more common questions/controversies
- Added animation to the case studies in order of modifiers to consider
- The Participant Manual has been updated to reflect all changes.

We have also revised the Administration manual to better act as a resource guide to instructors and instructor trainers. In order for the CTAS NWG and NENA and CAEP to really support the instructors and ensure credibility and consistency of ongoing courses, we are changing the instructor development, instructor courses, and instructor trainer processes. Along with this, we will be developing a chat site for instructors and holding several webinars throughout the year to discuss challenges, clarify content, etc. We urge you to read this manual and destroy any old copies (it will be available shortly on the CAEP website). Please note that a few of the forms can now be filled in and submitted electronically.

The following highlight some of the changes:

Instructor development changes:

Potential instructor candidates will be asked to submit a letter of intent, along with their CV to ctas@nena.ca for approval to become an instructor. Once approved, they will attend an instructor

course, submit the appropriate paperwork and fees, and then co-teach at one course with an instructor trainer. To maintain your instructor status you must teach a minimum of one course per year.

Instructor course changes:


The instructor course will now be the full CTAS course taught from an “instructor’s point of view”, incorporating course paperwork, etc., as well. Requests for an instructor course must be made prior to the course to ctas@nena.ca with the name of the instructor trainer, and instructor candidates included. It is no longer the “see one—teach one” process.

Instructor trainers changes:

In order to maintain your instructor trainer status, you must teach a minimum of two provider courses per year.

Sincerely,

**Colleen Brayman and Tom Chan,
Co-Chairs of the CTAS NWG**

If you have any questions, please feel free to contact the CTAS NWG at ctas@nena.ca and/or Gisele Leger at admin@caep.ca 

Thank you,

**Gisele Leger, Administrative
Assistant**

**Canadian Association of Emergency
Physicians**

104-1785 Alta Vista Drive

Ottawa, ON K1G 3Y6

Tel: 613-523-3343 ext. 10

Fax: 613-523-0190

Calling all instructors

If your students have put the work into a presentation, a case study, a disease process, research, etc., encourage them to write it up into a brief article to be published in CJEN. Our section editors will work closely with them to help in the process, and they can see their hard work in print, help to educate emergency nurses across the country and add a publication to their resume—a win/win situation!

Articles can be submitted to the Communication Officer,
Stephanie Carlson, communicationofficer@nena.ca