

Chicken Soup for the Nurse's Soul

Jack Canfield, Mark Victor Hansen, Nancy Mitchell-Autio, RN, Lee-Ann Thieman, LPN
Health Communications, Inc.
Deerfield Beach, Florida, 336 pages

I am sure that there were many of you who received this as a gift for Christmas. My copy of this book was a gift from my stepdaughter. This is a wonderful book about nurses and nursing. Between the covers, there are over 100 true stories that reflect the true essence of nursing – caring for another human being. The stories reveal the strength, compassion, integrity and the smarts that it takes for nurses to survive in today's system. This book has something for novice nurses and seasoned veterans. It is a funny, sad, thought-provoking and exhilarating read. Just what you need after another tough shift. So,

thanks Jennifer, for the great book and, oh yeah, can you pass the kleenex? 

Reviewed by Valerie Eden, RN, BN, ENC(C), MDE

AACN Procedure Manual for Critical Care

4th Edition
Edited by Debra Lynn-McHale and Karen Carlson
W.B. Saunders Company, 2001
940 pages ISBN 0-7216-8268-5

Finally, a procedure manual that answers not only the "HOW" but the "WHY"! The fourth edition of the AACN Procedure Manual for Critical Care provides the novice to the experienced nurse with a step-by-step outline of procedures, along with the rationale for the actions and any special considerations.

At a time of rapidly changing technology and increased pressure on nurses to remain current, the concise and organized delivery of the material is an asset to providing quality patient care. The emphasis on patient and family education and patient preparation for the procedures reflects the increasing autonomy of patients in care decisions. In addition to ongoing assessment and interventions, each procedure concludes with both expected and unexpected outcomes.

Perhaps the most intriguing element is the inclusion of levels of research for clinical practice which will guide us in evidence-based practice and identify areas needing further research. It will quickly become such a valuable resource in your department, you'll wonder how you did without it! 

Reviewed by Joy Durand, BScN, RN



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